

Tamoxifen (ta-MOX-ih-fen)

Also Known As: Nolvadex®

How It Is Given:

Orally (by mouth)

Immediate Side Effect (beginning within 24 hours) Can Include:

- Mild nausea.

Late Side Effects (beginning after one week) Can Include:

- Hot flashes.
- Menstrual periods that become irregular or stop.
- Vaginal dryness or discharge.
- A temporary swelling or puffiness of hands and feet.
- Mood changes.
- Blood clots.
- Cataracts.

Special Points:

- If hot flashes are very frequent and severe, call your nurse or doctor. Ask about measures to minimize them.
- This medicine can harm an unborn child. You must use birth control to prevent pregnancy. Tell your doctor immediately if you think you or your partner might be pregnant.
- Keep dry skin well moisturized. Use an unscented lotion. Examples are:
 - Curel®.
 - Eucerin®.
 - Lubriderm® lotion or cream.
- Do not use Oil of Primrose for hot flashes. It stimulates estrogen production. This works against tamoxifen.
- Tell your doctor or nurse if you are taking any other medicines or if you have changed your medicines. Some may change the way this medicine works. Include:
 - Medicines that do and do not require a prescription.
 - Herbal remedies.

- Vitamins.
- Dietary supplements.

Call Your Doctor Or Nurse If You Have:

- Shortness of breath or any pain, redness, or unequal swelling in the legs or arms.
- Blurring or changes in vision.
- Unexpected vaginal bleeding.
- Any unexpected, unexplained problems.
- Any questions or concerns.

The information on this card is selective and does not cover all possible side effects; others may occur. Please report any problems to your doctor.

