

Anastrozole (an-AS-troh-zole)

Also Known As: Arimidex®

How It Is Given:

Orally (by mouth)

Early Side Effects (beginning within one week) Can Include:

- Headaches.
- Body or joint aches or stiffness.
- Mild nausea.
- Mild stomach cramps or bloating.

Late Side Effects (beginning after one week) Can Include:

- Fatigue.
- Hot flashes.
- Vaginal dryness.
- Decreased bone density.
- Hair thinning.
- Increased cholesterol.

Special Points:

- If you miss a dose, do not take a double dose. Take your regular dose the next day.
- Tell your doctor or nurse if you are taking any other medicines or have changed medicines. Some may change the way this drug works. Including:
 - Medicines that do and do not require a prescription.
 - Herbal remedies.
 - Vitamins.
 - Dietary supplements.
 - Treatment for hot flashes.
- Ask your doctor if you should have bone mineral density testing.
- Ask your doctor about taking calcium and vitamin D supplements.
- Vaginal dryness can be relieved by using a water-soluble lubricant. You can buy it without a prescription. Examples are:
 - Lubrin®.
 - Replens®.

- Astroglide®.
- KY® Jelly.

Call Your Doctor Or Nurse If You Have:

- Any bleeding from the vagina.
- Any unexpected or unexplained problems.
- Any questions or concerns.

The information on this card is selective and does not cover all possible side effects; others may occur. Please report any problems to your doctor.